



**Date & Time:** **Saturday, March 18, 2017**  
 Race Headquarters: Northwest Arena, 319 West Third Street, Jamestown, NY  
 Pre Registration & Check-in: 7:30-8:45am  
 3 Mile Dash and Walk starts at 9:15am  
 Food & refreshments in the Jamestown Mattress Arena Club following the Dash

**3 Mile Course:** 3 Mile Dash is sanctioned and distance certified by USATF (NY11113KL)

**Categories/Age** Run and Walk / Male and Female  
 3 Mile Dash: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, & 70+

**Awards:** 3 Mile Dash to first three male and female finishers over all and in each age group (given proportionally)  
 3 Mile Walk to first three male and female overall finishers

**Dash Training:** Train for the Dash at the Northwest Arena for \$50.00 and includes Dash registration  
 Starts on Monday, January 23 @ 5:30 pm / Eight (8) sessions with groups for both novice and emerging runners

**Registration:** Pre-registration ends Tuesday, March 7 @ \$22.00 per person or \$60.00 for a household family of four (4)  
 March 8 - March 16 @ \$27.00 per person / No Family Discount Available  
 Day of Dash registration from 7:30 to 8:45 am at Northwest Arena for \$30.00 (Limited Shirt Availability)

**Entry & Updates:** Updated race information and online registration at through [www.chautauquastriders.org](http://www.chautauquastriders.org)

## 2017 St. Patrick's Dash Application

**Last Name, First Name**

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**Street Address**

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**City, State & Zip**

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**Phone Number**

**Date of Birth**

**Race Age**

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**E-Mail Address**

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**Race (please circle)**

**Gender (please circle)**

**Long Sleeve Shirt Size (please circle)**

**RUN WALK**

**M F**

**YS YM YL S M L XL XXL**

In consideration of my entry being accepted, I, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all claims and rights I have or which may hereafter occur against Chauteauqua Striders, Inc., the City of Jamestown, USATF, USATF Niagara, WCA Center for Orthopedics, Rehabilitation and Sports Medicine, Center City Development Corporation, and Jamestown Savings Bank Arena and all other donors, contributors, successors, volunteers and assigns for any and all damages which may be sustained by me in connection with my association with, or entry in and arising out of my traveling to, participating in and returning from said event. I have trained for this road race and I am physically fit to participate. I further give permission for my image (captured or video) to be used by Chauteauqua Striders, Inc. for promotional purposes of future events.