

# Winter 5K Series Race #3

## Winter 5K #3

Race Date

January 28, 2017

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Age Grade</u>	<u>Div</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Matteson	Lakewood NY	65	29	M	0.6946	5KR	18:43.0	6:02/M
2	Adam Sundholm	Jamestown NY	58	22	M	0.6882	5KR	18:52.0	6:05/M
3	Adam Rowe	Ripley NY	27	37	M	0.7016	5KR	19:08.0	6:10/M
4	Shane Krause	Buffalo NY	95	35	M	0.6913	IND	19:11.0	6:11/M
5	Brooke Adams	Randolph NY	30	29	F	0.7464	5KR	19:47.0	6:23/M
6	Kevin Woods	Findley Lake NY	20	30	M	0.6452	5KR	20:11.0	6:30/M
7	John Gustafson	Jamestown NY	6	57	M	0.7577	5KR	20:34.0	6:38/M
8	Harold Reynolds	Sherman NY	19	56	M	0.7252	5KR	21:19.0	6:52/M
9	Jay Oste	Jamestown NY	53	39	M	0.6376	5KR	21:21.0	6:53/M
10	Leo Oconnor	Falconer NY	31	50	M	0.6851	5KR	21:32.0	6:56/M
11	Trenten Deppold	Russell PA	54	15	M	0.6221	5KR	21:36.0	6:58/M
12	Steve Waterson	Jamestown NY	52	55	M	0.7100	5KR	21:36.0	6:58/M
13	Karen Stangl	Lakewood NY	34	39	F	0.6965	5KR	21:40.0	6:59/M
14	Kathy Gustafson	Jamestown NY	7	52	F	0.7660	5KR	22:03.0	7:06/M
15	Jeremy Bloeser	Erie PA	32	42	M	0.6194	5KR	22:27.0	7:14/M
16	John Jablonski III	Lakewood NY	44	57	M	0.6915	5KR	22:32.0	7:16/M
17	Paul Rhinehart	Falconer NY	28	47	M	0.6368	5KR	22:39.0	7:18/M
18	Dave LeVan	Erie PA	81	42	M	0.6094	IND	22:49.0	7:21/M
19	Emma Roosa	Falconer NY	63	26	F	0.6235	5KR	23:41.0	7:38/M
20	Toby Gifford	Frewsburg NY	21	13	M	0.5890	5KR	23:48.0	7:40/M
21	Sarah Lefford	Jamestown NY	26	18	F	0.6225	5KR	23:49.0	7:41/M
22	Jeff Carlson	Jamestown NY	16	63	M	0.6784	5KR	24:08.0	7:47/M
23	Nathan Emmick	Jamestown NY	43	56	M	0.6370	5KR	24:16.0	7:49/M
24	Mark Desaulniers	Lily Dale NY	18	54	M	0.6215	5KR	24:29.0	7:54/M
25	Christopher Adamczyk	Tonawanda NY	94	41	M	0.5628	IND	24:32.0	7:55/M
26	Brodie Whitney	Sugar Grove PA	3	17	M	0.5312	5KR	24:38.0	7:56/M
27	Clay McWilliams	Jamestown NY	71	46	M	0.5659	5KR	25:18.0	8:09/M
28	Jeff Rupp	Jamestown NY	38	48	M	0.5710	5KR	25:27.0	8:12/M
29	Jeff Ondrey	Jamestown NY	35	64	M	0.6408	5KR	25:46.0	8:18/M
30	Acacia Barber	Frewsburg NY	10	14	F	0.5963	5KR	26:29.0	8:32/M
31	Tim Hewitt	Kennedy NY	78	56	M	0.5743	IND	26:55.0	8:41/M
32	Cody Anthony	Sugar Grove PA	72	15	M	0.4889	5KR	27:29.0	8:52/M
33	Micah Barber	Frewsburg NY	13	12	M	0.5226	5KR	27:36.0	8:54/M
34	Holly Griffith	Kennedy NY	39	33	F	0.5356	5KR	27:38.0	8:55/M
35	Susan Stancombe	Lakewood NY	22	51	F	0.6023	5KR	27:44.0	8:56/M
36	Jim Tolon	Erie PA	67	64	M	0.5947	5KR	27:46.0	8:57/M
37	Tim Sullivan	Jamestown NY	62	33	M	0.4726	5KR	27:48.0	8:58/M
38	Lydia Samuelson	Ashville NY	33	52	F	0.6075	5KR	27:48.0	8:58/M
39	Ryan Mayle	Mayville NY	17	30	M	0.4682	5KR	27:49.0	8:58/M
40	Barbara Sauer	Buffalo NY	92	68	F	0.7314	IND	28:05.0	9:03/M
41	Judy Rowe	Ripley NY	66	60	F	0.6566	5KR	28:14.0	9:06/M
42	Sarah Olson	Jamestown NY	14	35	F	0.5224	5KR	28:27.0	9:10/M
43	Ann More	Buffalo NY	82	55	F	0.6099	IND	28:39.0	9:14/M
44	Rick More	Buffalo NY	91	57	M	0.5346	IND	29:09.0	9:24/M
45	Jessica Dopler	Dunkirk NY	60	34	F	0.5066	5KR	29:16.0	9:26/M
46	Heather Barber	Frewsburg NY	11	40	F	0.5099	5KR	29:45.0	9:35/M
47	Kenneth Foust	Erie PA	25	42	M	0.4643	5KR	29:57.0	9:39/M

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48	Chet Shields	Randolph NY	9	61	M	0.5320	5KR	30:16.0	9:45/M
49	Sherry Czechowski	Buffalo NY	93	35	F	0.4900	IND	30:20.0	9:47/M
50	Nicole Young	Jamestown NY	61	33	F	0.4795	5KR	30:52.0	9:57/M
51	Melissa Paduano	Jamestown NY	49	38	F	0.4716	5KR	31:51.0	10:16/M
52	Tonya Whitney	Sugar Grove PA	4	51	F	0.5164	5KR	32:21.0	10:26/M
53	Jacob Johnson	Lakewood NY	70	11	M	0.4588	5KR	32:31.0	10:29/M
54	Sarah Frederick	Warren PA	29	39	F	0.4523	5KR	33:22.0	10:45/M
55	Erin Wheeler	Frewsburg NY	12	40	F	0.4504	5KR	33:41.0	10:52/M
56	Stacey Curry	Derby NY	2	63	F	0.5699	5KR	33:46.0	10:53/M
57	Mary Nelson	Jamestown NY	69	63	F	0.5629	5KR	34:11.0	11:01/M
58	Lyndsey Deppold	Russell PA	55	14	F	0.4354	5KR	36:16.0	11:42/M
59	Mac Mackenzie	Jamestown NY	1	74	F	0.6014	5KR	37:10.0	11:59/M
60	David Coia	Silver Creek NY	80	62	M	0.4197	5KR	38:41.0	12:28/M
61	Michael Abt	Erie PA	15	66	M	0.3640	5KR	46:09.0	14:53/M